

WHY THERE IS MORE TO OUR HEALING THAN MEDICATION

The conventional medical profession is in dire straits because most of the disease that it is having to deal with is chronic and allopathic medicine is not set up to deal with this.

Allopathic medicine is amazing if you have an acute problem – in an emergency it can save your life because usually there is just one emergency in the body that needs to be dealt with. However, with chronic disease there will be a myriad of underlying causes contributing to the chronic symptoms and a pill is never going to deal with all of these symptoms. We cannot heal the body when we suppress the symptoms that a body is expressing, for true healing we need to address the underlying causes.

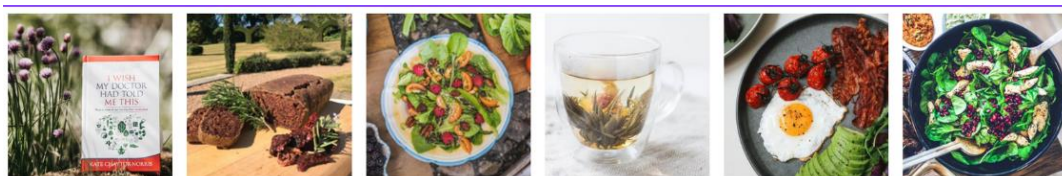
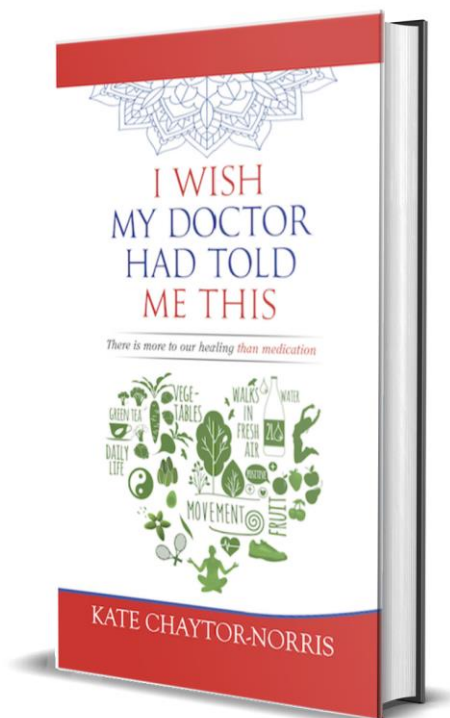
Take the very common problem of acid reflux and the usual medications like omeprazole or lansoprazole which are acid suppressants – in the short term it will relieve symptoms because it is reducing the amount of acid that the body is able to produce but in the long term if we don't have enough stomach acid we are not breaking down our food properly which means we can't absorb nutrients sufficiently. The long term effects of this are osteoporosis¹ because we are not absorbing enough minerals to make healthy bones and a higher risk for gastric cancer².

1

<https://pubmed.ncbi.nlm.nih.gov/22890365/>

2

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC11012754/#:~:text=The%20study%20found%20that%20long,for%20more%20than%20three%20years.>



Take another issue of cancer – which is an environmental disease eg the environment that our bodies are being exposed to are causing the cells to go rogue. Some of the environmental factors that have the potential to induce cancer are:

Toxins in the environment – these are too numerous to list here but there are full details in my book.

Nutrient deficiencies – our body does not have the right tools in the box to maintain a healthy immune system.

Excess sugar and carbohydrate – this drives inflammation an important component of cancer – also glucose is the perfect fuel for cancer cells.

Stress – this kyboshes many of the house keeping jobs in the body including the immune system – when we are being threatened by a sabre-toothed tiger (our bodies only understand one type of stress and that is life-threatening) it is not a priority to fight the potential infection/cancer cells that may be lurking in our systems.

Gut issues – as 80% of our immune system is based in the gut – if we have gut issues that most likely include leaky gut, we will have food proteins/toxins leaking through the gut wall keeping the immune system pre-occupied.

Lack of sleep – when we are not sleeping adequately our levels of melatonin are lowered – melatonin³ is one of the most anti cancer substances that the body can produce as it induces apoptosis (programmed cell death of defective or damaged cells) and reduces angiogenesis (this is where the tumour attracts an extra blood supply for nourishment and survival).



When we submit our bodies to chemotherapy (poisoning the cells), radiotherapy (burning the cells) and surgery (cutting out the cells), it does not change the environment which damaged the cells in the first place, so the body is not healed and the cancer is very often likely to return.

With all chronic disease we need to look to the environment and ascertain which elements of it are causing the dis-ease. Medications with their aim to suppress the symptoms will never achieve this goal.

³ <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5503661/>

